

Scottish Country Dancing

with the **South Bay Youth Class**

for Young Dancers age 7-13, Mondays, 3:45pm to 4:45pm
and for Teens age 12-17, Mondays, 4:30pm to 6:00pm



Where: Immanuel Lutheran Church,
[1715 Grant Road, Los Altos.](http://www.immanuel-lutheran.org)

When: Fall Session,
September 12 - December 5, 2016

No class November 21.
End-of-session party December 5.

How much:

\$10 per class or \$100 for 12-class session.
Scholarships and sibling discounts available on request.

What to bring: Dance shoes or sneakers,
energy, a big smile!

Great fun, great exercise, great music, great company...

Scottish Country Dancing is **fun!** It's social. It's good exercise. It's a traditional dance form enjoyed all over the world by people of all ages.

Scottish Country Dancing enhances coordination and memory, and reinforces basic math and spatial skills in younger dancers.

It is great exercise for the mind and body, promotes teamwork, cooperation, and friendship... and it's **fun!**

For more information or to sign up, contact:

Mary Harrison maryharrison.scu@gmail.com

or Fiona Kinsolving mrs.barky@astound.net (650) 365-4392 (email preferred)

More info @ <http://southbay.rscds-sf.org>



See also <http://www.rscds-sf.org/classes/> for a complete list of Scottish Country Dance classes in the Bay Area

a 501(c)(3) charitable organization

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